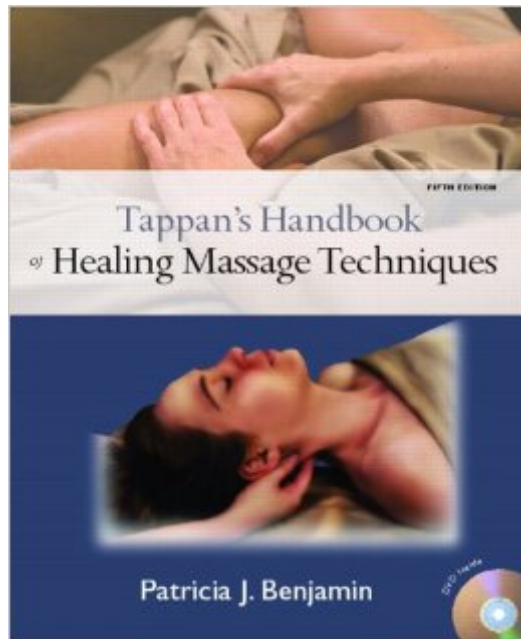


The book was found

Tappan's Handbook Of Healing Massage Techniques (5th Edition)



Synopsis

This pioneering book in massage therapy provides basic information on the art and science of effective healing massage techniques in quick-learn, easy-to-understand terms. Whether you're a licensed massage therapy practitioner, health related professional, or just interested in basic massage therapy techniques, this is the book for you! The authors carefully examine the foundations of healing massage, western massage techniques, contemporary massage including myofascial techniques, trigger points, lymphatic drainage massage, foot reflexology, Asian bodywork therapy and applications of massage. New to the fifth edition are Practice Sequences that are step-by-step suggested example applications of the techniques described in the book. Each Practice Sequence is demonstrated in full, vibrant detail on the DVD that accompanies this text. So that readers can track their progress, the DVD, as well as Appendix D, provides Performance Evaluation Forms for every Practice Sequence.

Book Information

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Average Customer Review: 4.4 out of 5 stars See all reviews (25 customer reviews)

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Customer Reviews

The book has basic coverage of various massage techniques and modalities. It is good to have for the school study or for the test prep. you can effectively but fast to review massage techniques. If you working on something more specific than general massage, you would need a more specific book. I am glad I had it for school, but I don't think there is any reason to keep it on the shelf any more.

I did not find the information useful in learning manual therapies. It was very basic information that can be easily found on quick google searches. The only compliment I have regarding the purchase is that the videos are replicas of the chapters, so if you watch the videos, there is no need to read the chapters.

Its a good plain read. The pics are great tools to check hand placement and client position. The questions at the end of the chapters help to study for learning experiences (tests). However, I gave it four stars because the dvd was missing which was upsetting because I would like to have watched it.

The book has instructions that require the use of the DVD but this book unknowingly did not come with it. I really wish I knew that before hand. Also it is full of writing which again I was uninformed of.

Classic Book, good for studying for Mblex. Nice sections here and there, such as one on chi qong and one on elderly massage. Of course there's nothing like hands on experience, but this book has good overview of massage.

I really like the book I especially like the computer cd that came with the book. I even shared the cd with other class mates that didn't get a cd with their book.

I chose a low rating because the seller put some giant stickers on the cover of the book and across the first page that blocked information i needed for class. The information in the book is great, I'm just not happy with the obnoxiously huge stickers.

I needed it for school. It comes with a cd that is also helpful. It gives it is easy to follow and seems well put together. Has a lot of demonstration pictures once you hit ch. 6 or so. Helpful.

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